



Call Julie Scubelek
1-800-721-8727 for
Star Card Information

Star Card Menu

Breakfast Options

- #1 2 Eggs
 Choice of Bacon, Sausage, or Ham
 Whole Wheat Toast
 Fruit (1/2 cup) & Juice (4 ounces)

- #2 Pancake with 1 Egg
 Fruit (1/2 cup)
 Juice (4 ounces)

- #3 Ham & Cheese Omelet
 Whole Wheat Toast
 Fruit (1/2 cup)
 Juice (4 ounces)

- #4 French Toast (2 slices)
 With Sausage, Bacon, or Ham
 Fruit (1/2 cup)
 Juice (4 ounces)

- #5 2 Biscuits w/ sausage gravy
 Fruit (1/2 cup)
 Juice (4 ounces)

- #6 Breakfast sandwich
 with (egg, cheese, sausage)
 Fruit (1/2 cup)
 Juice (4 ounces)

***All meals served with 8 Fluid Ounces of 1%
or Skim Milk. No substitutions, please.*

Must be 60 or older to participate in Star Card Program.





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Star Card Menu

Lunch / Dinner

- #1 ½ Hot Beef on whole wheat
w/mashed potatoes & vegetables

- # 2 4oz Hamburger on a bun
w/ choice of potato
and choice of side salad, vegetable or fruit

- #3 Ham Sandwich on Toast
w/ choice of potato
and choice of side salad, vegetable or fruit

- #4 ½ Chef Salad (Ham or Turkey)
w/tomatoes, olives, cheese, and onions
½ C fresh fruit with freshly baked dinner roll

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