

STOCKHOLM April 2026
Inter-Lakes Community Action Partnership
60's Plus Dining Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<u>1</u> Lasagna Lettuce Salad with Tomato Pears Garlic Toast	<u>2</u> Baked Chicken Potato Salad Green Beans Fruit Whole Grain Bread	<u>3</u> Meatloaf Baked Potato/Sour Cream Carrots Fruit Whole Grain Bread	<u>4</u> Cook's Choice
<u>6</u> Chili Soup Grilled Cheese Sandwich Coleslaw Fruit Crackers	<u>7</u> Roast Beef Mashed Potatoes/Gravy Broccoli Fruit Whole Grain Bread	<u>8</u> Ham Sweet Potato/ Yams Green Beans Fruit Whole Grain Bread	<u>9</u> Happy Birthday! Roast Turkey Mashed Potatoes/Gravy Peas Fruit Whole Grain Bread Birthday Cake/Ice Cream	<u>10</u> Baked Fish Baked Potato Stewed Tomatoes Fruit Whole Grain Bread	<u>11</u> Cook's Choice
<u>13</u> Spaghetti/ Meat Sauce Lettuce Salad with Tomato Fruit Garlic Toast	<u>14</u> BBQ Chicken Oven Potatoes Baked Beans M. Oranges Whole Grain Bread	<u>15</u> Creamed Turkey over Biscuits Diced Potatoes Green Beans Fruit	<u>16</u> Swedish Meatballs Mashed Potatoes/Gravy Carrots Pineapple Whole Grain Bread	<u>17</u> Scalloped Potatoes & Ham Broccoli Fruit Whole Grain Bread	<u>18</u> Cook's Choice
<u>20</u> Pork Chop Sweet Potato/ Yams Green Beans Fruit Whole Grain Bread	<u>21</u> French Dip Sandwich Oven Potatoes Pea Salad Fruit	<u>22</u> Roast Turkey Mashed potatoes/gravy Carrots Fruit Whole Grain Bread	<u>23</u> Tater Tot Hotdish Vegetable Fruit Whole Grain Bread	<u>24</u> Goulash Broccoli Fruit Whole Grain Bread	<u>25</u> Cook's Choice
<u>27</u> Pulled Pork/ Bun Au Gratin Potatoes Baked Beans Fruit	<u>28</u> Liver & Onions Baked Potato Carrots Fruit Whole Grain Bread	<u>29</u> Baked Chicken Sweet Potatoes/ Yams Green Beans Fruit Whole Grain Bread	<u>30</u> Pork Loin/Celery Sauce Mashed Potatoes Cooked Cabbage Fruit Whole Grain Bread		

Note: Each meal will consist of 3 oz of cooked protein, Whole Grain Bread, and 8 oz of 1% milk, 1 ½ cups of fruits and vegetables (fillers like Jello, pudding, and toppings don't count towards the fruit component) 1 ¼ c. of soup is a serving when it is served. Menus subject to change without notice with approval of Program Director. The minimum suggested donation is \$5.00 per meal. **Call café 676-2307 for a meal reservation.**