

Lake Preston May 2025
Inter-Lakes Community Action Partnership
60's Plus Dining Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Creamed Chicken on a Biscuit Diced Potatoes Peas Fruit	2 Pizza Lettuce Salad with Tomato Fruit
5 Closed	6 Meatloaf Mashed Potatoes/Gravy Peas Fruit Whole Grain Bread	7 Chef Salad & Dressing w/Protein & Vegetables Crackers Fruit	8 Fish Sandwich/ Bun Oven Potatoes Coleslaw Fruit	9 <u>Mother's Day Meal</u> Lasagna Lettuce Salad with Tomato Garlic Bread Fruit Dessert
12 Closed	13 Meatballs Baked Potato Carrots Fruit Whole Grain Bread	14 Salisbury Steak Mashed Potatoes/Gravy Green Beans Fruit Whole Grain Bread	15 Turkey Club Sandwich with Lettuce & Tomato Pea Salad Fruit	16 Taco Salad with meat, cheese, chips, lettuce, tomato Fruit Crisp
19 Closed	20 Pizza Lettuce Salad with Tomato Fruit	21 Chicken Strips Mashed Potatoes/ Gravy Carrots Fruit Whole Grain Bread	22 BBQ Pork Sandwich Potato Salad Peas Fruit	23 Spaghetti/ Meat Sauce Green Beans Fruit Garlic Bread
26 Closed	27 Hamburger/Bun Baked Beans Potato Salad Fruit	28 Taco w/Flour Tortilla Lettuce, Tomato, and Cheese Tater Tots Fruit	29 BBQ Chicken Baked Potato Carrots Fruit Whole Grain Bread	30 Chicken Fried Steak Mashed Potatoes/Gravy Lettuce Salad/ Tomato Fruit Whole Grain Bread

Note: Each meal will consist of 3 oz of cooked protein, Whole Grain Bread, and 8 oz of 1% milk, 1 ½ cups of fruits and vegetables (fillers like Jello, pudding, and toppings don't count towards the fruit component) 1 ¼ c. of soup is a serving when it is served with a sandwich. Menus subject to change without notice with approval of Program Director. The minimum suggested donation is \$4.50 per meal. **Call café 847-4605 before 9:00am for a meal reservation.**