

**Howard March 2024**  
Inter-Lakes Community Action Partnership  
**60's Plus Dining Program**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Parmesan Fish Tater Tots Peas & Carrots Tropical Fruit Cup Garlic Cheddar Biscuit
4 Fish Fillet French Fries Dilly Carrots Bread Fruit	5 Meatloaf/ Gravy Baked Potato Seasoned Broccoli Mandarin Oranges Bread	6 Ham & Scalloped Potatoes Green Peas Bread Fruit	7 Salisbury Steak/ Gravy Parsley Potatoes Capri Vegetables Tropical Fruit Cup Bread	8 Roast Beef & Cheese Sandwich Tomato Slices/ Lettuce Green Beans Scalloped Apples
11 Roast Beef/ Gravy Whipped Potatoes Green Beans Bread Fruit	12 Crunchy Pork Steak/ Gravy Cornbread Stuffing Glazed Carrots Fruit	13 Chicken Alfredo/ Noodles Seasoned Carrots Chilled Melon Bread	14 Honey Mustard Chicken Baked Potato/Sour Cream Seasoned Beets Fruit Bread	15 Fish Fillet Wild Rice Blend Italian Vegetables Pineapple Cornbread
18 Franks & Beans Home Fried Potatoes Creamed Corn Applesauce Bread	19 Country Fried Steak/ Gravy Whipped Potatoes Peas & Mushrooms Fruit Bread	20 Baked Ham/ Pineapple Sauce Hashbrown Casserole Chef Vegetable Blend Fruit Bread	21 Sausage with/Peppers & Onions Zucchini Biscuit Fresh Fruit	22 Crispy Fish Fillet Baked Potato Seasoned Carrots Watermelon
25 Chicken Cacciatore Parmesan & Basil Pasta Green Beans Bread Fruit	26 Roast Pork/Gravy Parsley Potatoes Stewed Tomatoes Chilled Melon Bread	27 Lasagna California Blend Veggies Peaches Garlic Bread Stick	28 Crispy Chicken Macaroni Salad Pickled Beets Fruit Cobbler	29 Parmesan Fish Tater Tots Peas & Carrots Tropical Fruit Cup Garlic Cheddar Biscuit

**Note:** 8 fluid ounces of 1% Milk (or skim) and 8 fluid ounces of Coffee or Tea served with all meals.

**Menus subject to change without notice with approval of Program Director.** The minimum suggested donation is \$4.50 per meal.

**Call Good Samaritan Home at 772-4481 by 9:00 A.M. FOR MEAL RESERVATION**