MILBANK March 2024 Located At St. Williams Care Center 60's Plus Dining Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breaded Fish Au Gratin Potatoes Key West Blend Vegetables Fruit Bread
4 Sliced Ham Mashed Potatoes/ Gravy Stewed Tomatoes Fruit Bread	5 Sliced Pork Mashed Potatoes Mixed Vegetables Fruited Jello Bread	6 Turkey Mashed Potatoes Glazed Carrots Fruit Bread	7 Lasagna Peas & Carrots Fruit Garlic Bread	8 Baked Cod Loaded Mashed Potatoes California Blend Vegetables Fruit Whole Wheat Bread
11 Salisbury Steak Mashed Potatoes/Gravy Squash Fruit Whole Wheat Bread	12 Roast Beef Mashed Potatoes Oriental Blend Vegetable Fruit Whole Wheat Bread	13 Chicken Lasagna Hotdish Broccoli Cuts Fruit Breadstick	14 Swedish Meatballs Mashed Potatoes/ Gravy Peas Fruit Whole Wheat Bread	15 Breaded Fish Oven Browned Potatoes Green Beans Fruit Whole Wheat Bread
18 Swiss Steak Twice Baked Potato Beets Fruit Whole Wheat Bread	19 Roast Beef Mashed Potatoes Creamed Carrots Fruit Whole Wheat Bread	20 Turkey Cheesy Hashbrowns Green Beans Fruit Whole Wheat Bread	21 Pork Mashed Potatoes Three Bean Mix Fruit Whole Wheat Bread	22 Goulash Hotdish Capri Blend Vegetable Fruit Whole Wheat Bread
25 Beef Tips Mashed Potatoes Carrots Fruit Whole Wheat Bread	26 Baked Chicken Mashed Potatoes Stewed Tomatoes Fruit Whole Wheat Bread	27 Ham Baked Potato Three Bean Mix Fruit Whole Wheat Bread	28 Breaded Beef Patty/Gravy Mashed Potatoes Scalloped Corn Fruit Whole Wheat Bread	29 Fish Wedge Loaded Mashed Potatoes Peas & Carrots Fruit Whole Wheat Bread

Note: 8 fluid ounces of Milk and Whole Wheat Bread serving included with all meals. Menus subject to change. The minimum suggested donation is \$4.50 per meal.

Please call 60s Plus Dining at 605-432-6571 before 9:00am for a meal reservation.