

Howard May 2023
Inter-Lakes Community Action Partnership
60's Plus Dining Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Fish Fillet French Fries Dilly Carrots Bread Fruit	2 Meatloaf/ Gravy Baked Potato Seasoned Broccoli Mandarin Oranges Bread	3 Ham & Scalloped Potatoes Green Peas Bread Fruit	4 Salisbury Steak/ Gravy Parsley Potatoes Capri Vegetables Tropical Fruit Cup Bread	5 Roast Beef & Cheese Sandwich Tomato Slices/ Lettuce Green Beans Scalloped Apples
8 Roast Beef/ Gravy Whipped Potatoes Green Beans Bread Fruit	9 Crunchy Pork Steak/ Gravy Cornbread Stuffing Glazed Carrots Fruit	10 Chicken Alfredo/ Noodles Seasoned Carrots Chilled Melon Bread	11 Honey Mustard Chicken Baked Potato/Sour Cream Seasoned Beets Fruit Bread	12 Fish Fillet Wild Rice Blend Italian Vegetables Pineapple Cornbread
15 Franks & Beans Home Fried Potatoes Creamed Corn Applesauce Bread	16 Country Fried Steak/ Gravy Whipped Potatoes Peas & Mushrooms Fruit Bread	17 Baked Ham/ Pineapple Sauce Hashbrown Casserole Chef Vegetable Blend Fruit Bread	18 Sausage with/Peppers & Onions Zucchini Biscuit Fresh Fruit	19 Crispy Fish Fillet Baked Potato Seasoned Carrots Watermelon
22 Chicken Cacciatore Parmesan & Basil Pasta Green Beans Bread Fruit	23 Roast Pork/Gravy Parsley Potatoes Stewed Tomatoes Chilled Melon Bread	24 Lasagna California Blend Veggies Peaches Garlic Bread Stick	25 Crispy Chicken Macaroni Salad Pickled Beets Fruit Cobbler	26 Parmesan Fish Tater Tots Peas & Carrots Tropical Fruit Cup Garlic Cheddar Biscuit
29 Memorial Day	30 Meatloaf/ Gravy Baked Potato Seasoned Broccoli Mandarin Oranges Bread	31 Ham & Scalloped Potatoes Green Peas Bread Fruit		

Note: 8 fluid ounces of 1% Milk (or skim) and 8 fluid ounces of Coffee or Tea served with all meals.

Menus subject to change without notice with approval of Program Director. The minimum suggested donation is \$4.00 per meal.

Call Good Samaritan Home at 772-4481 by 9:00 A.M. FOR MEAL RESERVATION