

Elkton August 2022
Inter-Lakes Community Action Partnership
60's Plus Dining Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
<u>1</u> Closed	<u>2</u> Cook's Choice	<u>3</u> Mini Pan Pizza Lettuce Salad Fruit	<u>4</u> Broasted Chicken Potato Coleslaw Fruit Toast	<u>5</u> Crispy Chicken Sandwich/ Bun Potato Coleslaw Fruit	<u>6</u> Taco Salad with meat, cheese, vegetables, Chips Fruit
<u>8</u> Closed	<u>9</u> Cook's Choice	<u>10</u> Fish Sandwich/Bun Potato Coleslaw Fruit	<u>11</u> Broasted Chicken Potato Side Salad/ Tomatoes Fruit Toast	<u>12</u> Chicken Strips Potato Vegetable Fruit Toast	<u>13</u> Chef Salad with meat, cheese, vegetables, crackers Fruit
<u>15</u> Closed	<u>16</u> Cook's Choice	<u>17</u> Mini Pan Pizza Lettuce Salad Fruit	<u>18</u> Broasted Chicken Potato Coleslaw Fruit Toast	<u>19</u> Crispy Chicken Sandwich/ Bun Potato Coleslaw Fruit	<u>20</u> Taco Salad with meat, cheese, vegetables, Chips Fruit
<u>22</u> Closed	<u>23</u> Cook's Choice	<u>24</u> Fish Sandwich/Bun Potato Coleslaw Fruit	<u>25</u> Broasted Chicken Potato Side Salad/ Tomatoes Fruit Toast	<u>26</u> Chicken Strips Potato Vegetable Fruit Toast	<u>27</u> Chef Salad with meat, cheese, vegetables, crackers Fruit
<u>29</u> Closed	<u>30</u> Cook's Choice	<u>31</u> Mini Pan Pizza Lettuce Salad Fruit			

Note: Each meal will consist of 3 oz of cooked protein, Whole Grain Bread, and 8 oz of 1% milk, 1 ½ cups of fruits and vegetables (fillers like Jello, pudding, and toppings don't count towards the fruit component) 1 ¼ c. of soup is a serving when it is served. Menus subject to change without notice with approval of Program Director. The minimum suggested donation is \$3.90 per meal.

Mortland's Burgers & More opens at 11:30am.