

Blue Jays – Egan April 2025  
 Star Card/ Home Delivered  
 60's Plus Dining Program  
 Inter-Lakes Community Action Partnership

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chicken Alfredo/ Noodles Side Salad Vegetable Fruit Breadstick	2 Hot Turkey Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread	3 Ribeye Sandwich Potato Vegetable Fruit	4 Choice of Mexican Entre Vegetable Fruit	5 Southwest Popper Burger/ Bun Potato Vegetable Fruit
6 Boneless Wings/ 1 Sauce Potato Vegetable Fruit Whole Grain Bread	7 Chicken Fried Steak Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread	8 Spaghetti/ Meat Sauce Side Salad Fruit Breadstick	9 Hot Beef Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread	10 Corn Dogs Potato Vegetable Fruit	11 Choice of Mexican Entre Vegetable Fruit	12 Patti Melt Sandwich Potato Vegetable Fruit
13 Boneless Wings/ 1 Sauce Potato Vegetable Fruit Whole Grain Bread	14 Chicken Fried Steak Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread	15 Chicken Pot Pie Side Salad Fruit Whole Grain Bread	16 Hot Hamburger Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread	17 Bougie Chicken Sandwich Potato Vegetable Fruit	18 Choice of Mexican Entre Vegetable Fruit	19 Bacon Cheeseburger /Bun Potato Vegetable Fruit
20 Easter Buffet  9-1pm	21 Chicken Fried Steak Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread	22 Goulash Vegetable Fruit Breadstick	23 Hot Pork Mashed Potatoes/Gravy Vegetable Fruit Whole Grain Bread	24 Chicken Philly Sandwich Potato Vegetable Fruit	25 Choice of Mexican Entre Vegetable Fruit	26 Lumpy Burger/Bun Potato Vegetable Fruit
27 Boneless Wings/ 1 Sauce Potato Vegetable Fruit Whole Grain Bread	28 Chicken Fried Steak Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread	29 Meatloaf Potato Vegetable Fruit Whole Grain Bread	30 Hot Turkey Mashed Potatoes/ Gravy Vegetable Fruit Whole Grain Bread			

Note: Each meal will consist of 3 oz of cooked protein, Whole Grain Bread, and 8 oz of 1% milk, 1 ½ cups of fruits and vegetables (fillers like Jello, pudding, and toppings don't count towards the fruit component) 1 ¼ c. of soup is a serving when it is served. Menus subject to change without notice with approval of Program Director. The minimum suggested donation is \$4.50 per meal. **Call 605-997-3992 for a meal reservation and updated menus as they may change.**